

PE - Games Curriculum Overview



Year group	Head	Heart	Hands
EYFS Skills	<p>Head</p> <ul style="list-style-type: none"> follow instructions involving several ideas or actions 	<p>Heart</p> <ul style="list-style-type: none"> confident to try new activities, and say why they like some activities more than others work as part of a group or class, and understand and follow the rules play co-operatively, taking turns with others show sensitivity to others' needs and feelings, and form positive relationships with adults and other children 	<p>Hands</p> <ul style="list-style-type: none"> show good control and co-ordination in large and small movements move confidently in a range of ways, safely negotiating space kick in different ways handle equipment effectively roll a piece of equipment can move and stop safely catch with both hands throw underarm
Year 1 Skills	<p>Head</p> <ul style="list-style-type: none"> follow rules play with others and share equipment listen carefully to teacher and peers 	<p>Heart</p> <ul style="list-style-type: none"> always try to join in with activities work well with others take turns 	<p>Hands</p> <ul style="list-style-type: none"> pass a large ball to a partner with accuracy throw in different ways travel controlling a ball catch a large ball unopposed move in different ways
Year 2 Skills	<p>Head</p> <ul style="list-style-type: none"> follow rules apply basic tactics to a game 	<p>Heart</p> <ul style="list-style-type: none"> try to help others make others feel successful can be part of a team 	<p>Hands</p> <ul style="list-style-type: none"> stay in a 'zone' during a game. decide where the best place to be is during a game send a ball towards a target using a range of different techniques during a basic competitive game link a variety of skills during a competitive game (e.g. dribbling and passing)
Year 3 Skills	<p>Head</p> <ul style="list-style-type: none"> know and use rules fairly to keep games going use a greater number of my own ideas for movement in response to a task 	<p>Heart</p> <ul style="list-style-type: none"> agree rules with others and try to play to fairly work well as a team compete with a positive attitude 	<p>Hands</p> <ul style="list-style-type: none"> throw and catch with control when under limited pressure. keep possession with some success when using equipment that is not used for throwing and catching skills show agility when opposed in game situations send a ball using equipment (e.g. tennis racket, cricket bat) with some degree of accuracy and control
Year 4 Skills	<p>Head</p> <ul style="list-style-type: none"> aware of space and use it to support team-mates and cause problems for the opposition move to find a space when not in possession during a game use tactical awareness to improve own performance 	<p>Heart</p> <ul style="list-style-type: none"> demonstrate how to be a good role model willing to take responsibility for own actions 	<p>Hands</p> <ul style="list-style-type: none"> use a range of throwing techniques with good control and accuracy in a wide range of sports receive a ball with good control using awareness of others in decision making strike a ball accurately
Year 5 Skills	<p>Head</p> <ul style="list-style-type: none"> choose the best tactics for attacking and defending 	<p>Heart</p> <ul style="list-style-type: none"> control feelings whether winning or losing tries to win in a determined and controlled way tries not to get upset or angry whilst playing with others listens to others' ideas and follow their instructions 	<p>Hands</p> <ul style="list-style-type: none"> hit a ball accurately and with control keep possession of the ball vary tactics and adapt skills according to what is happening
Year 6 Skills	<p>Head</p> <ul style="list-style-type: none"> explain complicated rules. follow specific rules plan with others taking account of safety and danger 	<p>Heart</p> <ul style="list-style-type: none"> lead by example understand the importance of fair play demonstrate fair play when leading and playing make a team plan and communicate it to others lead others in a game situation can be a leader of a team in PE and always helps team-mates with helpful comments 	<p>Hands</p> <ul style="list-style-type: none"> gain possession by working as a team can field use forehand and backhand with a racquet pass in different ways use a number of techniques to pass, dribble and shoot