

Learning Project Weeks 9 and 10 - Food

Age Range: Reception

Weekly Maths Tasks (Aim to do 1 per day)

- Watch a Numberblocks clip on Cbeebies. Use the guides available on the website to do some number work based on the episodes.
- Complete some tasks on Numbots using your individual login. Show Mrs Hudson how hard you are working – I can see when you've been playing on it!
- Practise counting up to and back from 20. This can be done through playing hide and seek, singing number songs, chanting, board games etc.
- Practise writing the numbers 0 - 20, focusing on correct number formation.
- Practise recognising amounts up to 10. This can be done by reading a dice when playing board games, playing with cards, identifying how many food items on the plate etc.
- Play the Numberblocks add and subtract game on the BBC website.
- Explore weighing and measuring food on the kitchen scales. Ask, what happens as you place more on the scales?
- Look for numerals on packaging you find around the house. Can your child recognise the numerals and count out a matching amount?
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Weekly Reading Tasks (Aim to do 1 per day)

- Read a variety of books at home. Favourites can be repeated. Hearing the patterns of language in a story will support your child's language development.
- Children to read to parents daily. Visit Oxford Owl for free eBooks that link to your child's book band. Complete the linked Play activities for each book. Details below.
- With any book, when you have finished reading it, ask your child what happen, ask them to explain it to you. They might want to draw a picture about what happened.
- With your child, look in magazines, newspapers and books for the tricky words they are currently learning. They could use a highlighter to highlight in magazines and newspapers.
- In the environment, ask children to use phonics knowledge to identify words around them.
- Look at recipe books and food magazines. Encourage your child to use their phonics knowledge to decode the ingredients list. Select a recipe and make this together. Encourage your child to read the labels on packaging to figure out which ingredient it is.

Weekly Phonics Tasks (Aim to do 1 per day)

- Daily phonics - Practice the sounds on the sound mat and blend words. This can be oral blending (e.g. spoken out loud ch-o-p). Try writing some too.
- Play phonics bingo. Split a sheet of paper into parts and write words/sounds/tricky words into each section and cross them out as you play.
- Log into your Phonics Hero account and show Mrs Hudson how hard you are working – I can see when you've been playing on it!
- When you have written your shopping list, ask your child to identify sound sin it that they know. Later they might want to write their own list.
- Pour flour, rice or lentils into a shallow tray or plate. Show your child a letter, digraph, trigraph or tricky word and ask them to 'write it' in the food using their finger.

Weekly Writing Tasks (Aim to do 1 per day)

- Draw a picture of yourself or someone in your family and label them using your phonics knowledge.
- Write a story – remember think about who the story the story is about, where it happens and what happens. Can you make it a story about food?
- Practise writing your tricky words, you might do this; in the air, on paper, using different colours, in the bubbles of the bath etc.
- Play ball games, do small jigsaws, use scissors, build with Lego, paint, draw and write- all of these will help develop your child's fine motor skills and help them with pencil control.
- Using recipes from books as a guide, ask your child to create their own recipe for their dream meal. They could draw out the ingredients and label them and draw the finished meal. Some children may be able to write a few short sentences as instructions.

Learning Project - to be done throughout the week

The project this week aims to provide opportunities for your child to gain a better understanding of their own family. Learning may focus on what different makeup of families, what traditions your family has, stories linked to your family etc. Don't forget to share your learning with us on Twitter @StTeresasRCP

Cooking-

Cooking is a fantastic learning opportunity with young children, they can learn and practise a wide range of skills and gives them an understanding of food, where it comes from and how food changes with heat or cooling. It also develops mathematical, communication and physical skills.

Healthy/ Unhealthy-

Provide your child with a selection of items from your kitchen cupboards. Can they sort them into things that are healthy and unhealthy? Discuss why the food is good for you or bad for you and how much of each food they should eat. Discuss how exercise is an important part of staying healthy. Watch and complete an online exercise session.

5 a day-

Support your child to create a food diary to record how many pieces of fruit and vegetables they eat in a day. They could write these using their phonics knowledge or draw a picture of each item. They might be able to write times to show when they ate the food too.

A yummy plate-

Ask your child to create a plate of food. They could draw, paint or collage this. Or they might want to make pretend food! They might want to create a plate for a special occasion, like a birthday.

Play shops-

Using toy food or old packaging, set up a food shop for your child to act out being the shopkeeper and customer. You could introduce coins to support their developing knowledge of money. Give them a notepad to use as a shopping list to encourage in the moment writing. Don't forget to label the food with costs too!

Have a family picnic-

Lay out a blanket in the living room or garden. Can children make sure everyone has a plate, fork, spoon, cup? How many do we need all together? Give your child a selection of food and ask them to share it fairly between everyone? If there is one left over what could we do? Make some labels for the food you're having so everyone knows what is available.

Potato/ Vegetable Printing-

Using a selection of vegetables available in your kitchen, support your child to print and explore the shapes and patterns created:

Make cornflour gloop-

Mix cornflour with a small amount of water in a mixing bowl. It will make a slimy, stretchy mixture. Allow your child to explore the change of texture from wet to dry and the texture of the gloop.

Additional learning resources parents may wish to engage with

The below are websites which are free, or are offering free subscriptions during the period of school closures. Please use these to when looking for additional learning opportunities.

Classroom Secrets Learning Packs - These packs are split into different year groups and include activities linked to reading, writing, maths and practical ideas you can do around the home.

Twinkl - to access these resources click on the link and sign up using your own email address and creating your own password. Use the offer code UKTWINKLHELPS.

BBC Bitesize – each day there are new learning shows on iPlayer for ages 5-7 and lots of the content is applicable for Reception too.

Phonics play – There are lots of free phonics games and activities available here.

Phonics hero - Go to www.phonicshero.com and enter the log in details

Number bots – Go to <https://play.numbots.com/#/account/school-login/7451> and enter log in details

Oxford owl free eBook library – Lots of books to read together, with activities to do afterwards.

www.imoves.com/the-imovement - This website is full of quick blast and brain break activities.